



MANAGED HEALTHCARE NORTHWEST, INC.

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IMPORTANT CONTRACT INFORMATION CAREMARK COMP OPIOID MANAGEMENT PROGRAM

For SAIF Injured Workers Enrolled in CareMark Comp

Important Development Coming March 1, 2012

January 13, 2012

To Participating Prescribing Physicians and Providers:

We've written to you four times, on April 11, 2011, July 18, 2011, August 15, 2011, and October 13, 2011, about the CareMark Comp Opioid Management Program. The program was effective September 1, 2011, for injured workers who are insured by SAIF Corporation and enrolled in CareMark Comp.

The CareMark Comp Opioid Management Program requires you to obtain precertification approval from CareMark Comp for the following:

1. Before initiating Long-Acting Opioids (LAO) for an enrolled worker
2. Before prescribing LAO for post-surgery pain for enrolled workers beyond 1 week post-surgery
3. Before increasing the dosage of LAO and/or Short-Acting Opioids (SAO) above 120 mg MED for the worker who is already on LAO and/or SAO at a dosage at or below 120 mg MED
4. Before increasing even higher, the dosage of a worker who is already on LAO and/or SAO at a dosage above 120 mg MED.

Candidly speaking, your compliance with the opioid precertification approval process has been effectively voluntary to date. While we have been working closely with SAIF and their pharmacy benefit manager, ODS Companies, to operationalize the program at retail pharmacies where workers fill their prescriptions, this is a very complex process that has taken some time. So far, when the worker for whom you've prescribed opioids without approval presented their prescription at a pharmacy, they were able to fill the prescription and obtain their drug at no cost to the worker, with the drug paid for by SAIF.

Effective March 1, 2012, this will no longer be the case. **Effective March 1, 2012**, when a SAIF-insured worker enrolled in CareMark Comp presents their prescription that requires precertification approval by CareMark Comp without that approval, the worker will be referred to CareMark Comp, told that the prescription requires precertification by CareMark Comp. The worker may choose to fill the prescription, paying for it his/herself; however, the pharmacy will not fill the prescription under the worker's SAIF workers' compensation insurance coverage. We would expect you will be contacted by such workers who are your patients.

If you have not already done so, we advise you to begin complying with the CareMark Comp Opioid Management Program right away. We advise you not to wait until March 1, 2012.

In addition, oral versions of Fentanyl Citrate (e.g., Actiq, Fentora, and Fentanyl Citrate) are not included on the CareMark Comp drug formulary and cannot be filled at all, unless specially approved by CareMark Comp. Only prescriptions for Fentanyl Transdermal can be filled on or after March 1, 2012, without approval by CareMark Comp. If you are currently prescribing oral Fentanyl for any CareMark Comp enrolled worker, we recommend you bring the patient in to your office for a visit to move them to a different oral opioid soon, with any precertification approval that is required by CareMark Comp, if applicable.

Also in addition, effective March 1, 2012, enrolled workers will only be permitted to fill prescriptions for opioids that have been prescribed by one prescribing provider. Generally, this will be the worker's attending physician, unless we have been informed that the attending physician has authorized a different provider to be the opioid prescriber for the worker so that we can get this information loaded into the pharmacy benefit payment system. If you are the attending physician for such a CareMark Comp enrolled worker, please let us know right away if you have authorized a different provider to be the opioid prescriber for the worker.

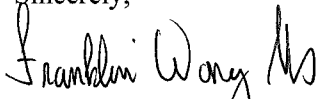
Finally, we are in the process of mining SAIF claims data to identify any enrolled workers for whom opioids that require precertification approval by CareMark Comp have been prescribed and filled without precertification since September 1, 2011. If you have prescribed opioids for such workers without approval since September 1, 2011, we will be contacting you to inform you of the need for you to request precertification for these workers immediately.

Remember that complete description of the processes as well as required forms necessary to obtain approval for initial LAO prescriptions and for increased dosage LAO and SAO prescription are to be found on the MHN website at www.mhninc.com.

If in any of these clinical presentations, you are in need of consultation/assistance in managing the worker's chronic pain, please contact CareMark Comp at 503-413-5800 and we will be happy to assist you.

Please feel free to call MHN and ask to speak to Rhea Schnitzer or Dolores Russell if you have any questions.

Sincerely,



Franklin Wong, MD
Medical Director



Dolores Russell
President/CEO