

ELEMENTS OF A CLOSING EXAM

BRIEF CLINICAL STATEMENT

- **History** Brief description of the compensable injury or occupational disease
 - Statements that use words such as “probably” and “might” cannot be rated and will slow claim closure
 - Report only on the accepted conditions
- **Treatment** Brief description of the course of treatment

MEDICALLY STATIONARY DATE

- Date of the exam or a date in the past, it cannot be a date in the future

EXAM TO DOCUMENT IMPAIRMENT

RANGE OF MOTION

- **Spinal Injuries Measured by Inclinator**
Minimum of 3 measurements at each position
(Inclinometer video available MHN Provider Relations at (503) 413-5800.)
- **Joint/Extremity Injuries Measured by Goniometer**
 - Report in degrees of retained motion
 - Measure contralateral body part

MUSCLE STRENGTH

Report on a 5/5 scale

LOSS OF SENSATION

Two-point discrimination, report in mm

VALIDITY

Explain whether the impairment findings are considered to be valid or invalid

PERMANENT WORK RESTRICTIONS

- Be specific on amount of weight lifted, pushed, pulled, and time able to sit, stand, etc.
- Functional capacity forms are available from SAIF to assist you in covering needed elements

DESCRIBE PREDICTED FUTURE COURSE

- Is waxing and waning expected?
- What symptoms of waxing and waning do you expect?

ASSESS JOB DESCRIPTION AND SIGN