

**CareMark Comp
Opioid Management Program
Effective: September 1, 2011**

7/25/11

For SAIF Injured Workers Enrolled in CareMark Comp

Group A	Group B	Group C	Group D
<ul style="list-style-type: none"> Enrolled Workers on Short-Acting Opioids ≤ 120 mg MED. Workers prescribed Long-Acting Opioids for up to 1 week post-surgery. 	<p>BEFORE initiating Long-Acting Opioids for Enrolled Workers whether or not on Short-Acting Opioids. Includes surgery patients more than 1 week post-surgery.</p>	<ul style="list-style-type: none"> Enrolled Workers already on Long-Acting Opioids ≤ 120 mg MED on 9/1/2011 or when enrolled at a later date. Enrolled Workers on Short-Acting Opioids ≤ 120 mg MED. 	<p>Enrolled Workers already on Long-Acting Opioids > 120 mg MED on 9/1/11 or when enrolled at a later date.</p>
NO PRECERT REQUIRED	PRECERT REQUIRED	NO PRECERT REQUIRED TO CONTINUE ≤120 MG MED	CASES BROUGHT TO CAREMARK COMP'S ATTENTION WILL BE ADDRESSED INDIVIDUALLY
		PRECERT REQUIRED TO INCREASE DOSAGE TO >120 MG MED	
<p>Caution: Be aware there are associated risks and the goal should be short-term use with a date/plan to discontinue the opioid.</p> <p>There is some indication for medically appropriate use of Long-Acting Opioids post-surgery short-term for no more than 1 week post-surgery.</p>	<p>For the infrequent cases in which Long-Acting Opioid use is being considered for the management of long term pain, MCO evaluation and precertification is required prior to initiating Long-Acting Opioids.</p>	<p>For worker already on Long-Acting Opioids or Short-Acting Opioids up to 120 mg MED, no precertification required if dosage does not exceed 120 mg MED. Precertification required prior to increasing dosage above 120 mg MED for Long-Acting or Short-Acting Opioids.</p> <p>Precertification includes referral to AP's choice among 3 pain physicians for consultation.</p>	<p>Doses exceeding 120 mg MED have not been shown to substantially improve pain relief and are associated with a substantially higher incidence of mortality/morbidity.</p> <p>Worker already on Long-Acting Opioids above 120 mg MED, will be addressed individually by CareMark Comp Medical Director or Medical Advisor and AP.</p>
	DOCUMENTATION REQUIRED FOR PRECERTIFICATION		
	<ul style="list-style-type: none"> Opioid Risk Assessment Urine Drug Analysis (CCLAO-CareMark Comp LAO Panel) Signed Medication Agreement Signed Material Risk Notice Initiate VAS/Function monitoring Process monitored by forms 	<ul style="list-style-type: none"> Opioid Risk Assessment Urine Drug Analysis (CCLAO-CareMark Comp LAO Panel) Signed Medication Agreement Signed Material Risk Notice Initiate VAS/Function monitoring Process monitored by forms Pain Physician Consultation 	